



EFT® & Matrix Reimprinting: Mind-Body-Emotions Wellbeing Tapping Consultations by Jannine Oberg, M.S.

Informed Consent Disclosure Statement and Release Agreement

California Senate Health Freedom Bill (SB-577) Attached hereto

I, the undersigned, have been advised and understand that a component of any Tapping Consultation based on EFT® I will receive may involve work with "energy points" or acupoints along Acupuncture Meridians. For good and valuable consideration, I agree to forever and fully release and hold harmless, Jannine Oberg (Consultant) from any and all claims or liability whatsoever and for any damage or injury, including but not limited to, personal, physical, emotional, psychological or otherwise, which I might incur as a result of my voluntary decision to consult with Jannine Oberg and any activities associated with any Tapping Consultation.

Tapping acupoints, adapted from the practice of acupressure, are located on the surface of the skin throughout the body and can be stimulated for the purpose of correcting disturbed energy patterns that might underlie emotional and psychological challenges. Activation of these acupoints during a 60 - 90 minute consultation, may include touching, rubbing, or tapping the acupoint. In all instances, I will be instructed on how to stimulate the appropriate acupoints myself. *I personally will select the emotional issues or beliefs to address while tapping on my own acupoints.* These acupoints are located on the head, upper torso and hand. At no time does use of these acupoints require any form of disrobing. Further, at no time will my Consultant touch, rub or tap directly on any acupoints on my own body.

I understand that the use of acupoints within the field of coaching and consulting is a **relatively new development** and that at this time there is only a limited amount of published research in established scientific journals investigating these methods. While clinical reports of successful outcomes using these methods do exist in the published literature of the field known as Energy Psychology, and the methods are being developed and refined under the auspices of organizations such as the Association for Comprehensive Energy Psychology, I understand that clinical reports do not constitute conclusive scientific evidence. I further understand that even if the clinical effectiveness of these methods is scientifically established, **results will vary from person to person.**

I understand that while an Energy Psychology approach is a **safe consultation method**, with a substantial body of clinical experience showing no serious side-effects when properly administered, that with any form of Tapping Consulting it is possible that unresolved memories and related emotions and sensations may be brought into my awareness. It is possible that this emotional material may continue to surface after the Tapping Consultation session and may require further consultation. I am encouraged to discuss such emotions with my appropriate health care provider. ***I also understand that previously traumatic or vivid memories may fade and lose their emotional charge, and this could adversely affect my ability to provide detailed legal testimony that carries the same impact as prior to the consultation.***

I understand that Jannine Oberg makes no warranty, guarantee, or prediction regarding any outcome for me using acupoints during or after my Consultations for any particular issue. Consultant accepts no responsibility or liability whatsoever for the use or misuse of the information provided during Tapping Consultation. **Initials**

Client _____ Consultant _____

The information and acupoints used during this consultation are provided only as general information and are not intended to represent that Tapping Consultations and acupoints are being used to diagnose, treat, cure or prevent any disease or psychological/mental disorder. Tapping Consultations are not a substitute for medical or psychological treatment. I understand that Jannine Oberg does **not** recommend that I stop seeing any of my health care professionals or stop using prescribed medicine, if any, without consulting with the appropriate health care professional, even, if after using Tapping Consultations or any other energy based technique, it appears or indicates such medicine or therapy is no longer necessary. If I am under the current care of a Physician, Therapist or Counselor, I will alert Consultant and obtain any necessary disclosures or authorizations.

Jannine Oberg, as Consultant, has disclosed to me that she is not a Licensed Health Professional by the State of California. Consultant has the following education, training and experience and other qualifications regarding services provided:

1. **Certified Wellness Coach**, National Exercise & Sports Trainers Association.
2. **Certified Stress Management Coach**, National Exercise & Sports Trainers Association.
3. **Master's Degree** in Human Resources Management, Chapman University, San Diego.
4. **Career Counseling Certification**, University of California, San Diego.
5. **Intermediate & Beginning Mediation Training**, San Diego Mediation Center.
6. **Member of the American Counseling Association**, Professional Level with adherence to ACA Code of Ethics including confidentiality and privacy standards.
7. **Acupressure Education**: Shiatsu Training and Touch for Health Training.
8. **EFT® Matrix Reimprinting Practitioner Certification** by EFT® Master and Matrix Reimprinting Developer, Karl Dawson. **EFT® Level 2 Certificate** by Master Practitioner of Neuro Linguistic Programming (NLP) & EFT® Trainer - Mare Schurian.
EFT® Level 1 Training by Paula Shaw, Assistant to Gary Craig developer of EFT®.
Note: Jannine's creative approach to EFT® is her own and is deeply grounded in Acupressure Meridian Theory and the core EFT® principles as taught by Gary Craig and Karl Dawson.

I have thoroughly considered all of the above and have obtained whatever additional input and/or professional advice I deemed necessary or appropriate about commencing a Tapping Consultation regarding the utilization of energy points or any other aspect of this Agreement. By my signature below, given freely and without pressure from any person, I consent to the use of these methods in my consultation with Jannine Oberg. Further, I agree and understand that this Agreement is intended to be a complete unconditional release of liability and assumption of risk to the greatest extent permitted by law. This Agreement shall be binding upon me and my heirs, legal representative, and assigns, and will be retained on file for three years.

I represent that I am an adult under the laws of the State of my residence or country, whichever is applicable, and I have the right to enter into this Agreement.

Date: _____

Client

Consultant

Signature

Jannine Oberg

Jannine Oberg

Information About California Senate Bill-577 (Health Freedom)

Introduction

SB-577, which was signed by Governor Davis in September 2002, has profound implications for alternative forms of health care in the state of California. The bill enables alternative and complementary health-care practitioners to legally provide and advertise their services, subject to certain requirements specified in the bill.

What the Bill Means for Clients

SB-577 gives the public access to alternative and complementary health-care workers. Clients must be given information about the nature of their consultations and the qualifications of their complementary health-care workers. Clients should ask their complementary health-care workers any questions they might have about their consultations. In addition, clients should tell their physicians about any complementary health-care consultations they are receiving. Clients should also request their licensed and unlicensed complementary health-care workers to communicate with each other and work collaboratively to meet the clients' health-care needs.

SB-577 helps to protect clients by requiring unlicensed complementary health-care workers to follow certain guidelines and restrictions.

Complementary health-care workers are prohibited from doing the following:

- Implying in any way that they are licensed physicians.
- Performing any form of surgery or any procedure that punctures the skin or harmfully invades the body.
- Prescribing prescription drugs, or recommending discontinuation of drugs prescribed by a licensed physician.
- Putting clients at risk of great bodily harm, serious physical or mental illness, or death.
- Setting fractures.
- Treating wounds with electrotherapy.
- Using X-ray radiation.

In addition, complementary health-care workers must do the following:

- Inform clients in writing that they are not licensed physicians, and their services are not licensed by the state.
- Briefly and clearly describe the kind of services they provide and the reasoning behind those services.
- Briefly and clearly describe their education, training, and experience.
- Ask clients to sign an acknowledgment that they have received the above written statement; provide clients with a copy of this signed acknowledgment; and keep a copy of the signed acknowledgment in their own files for three years.

Initials

Client _____ Consultant _____